

AN **OPEN EVENING** WITH  
no previous experience necessary !

**Morit Heitzler**

**Integrative Body Psychotherapist**

**Trauma Therapy - current  
developments & approaches**

**January 18th '06, 7.30 - 9.30pm, £5  
at Friends Meeting House, St Giles, Oxford**

An evening for the general public  
and helping professionals and an  
opportunity for you to find out  
about questions such as:

### What is 'trauma' ?

- How to recognise trauma, at home and at work ?
- Different kinds of trauma and their effects
- Post-Traumatic Stress Syndrome (PTSD)
- How to cope with trauma and its symptoms?
- How to tell whether professional help is needed ?

### Traumawork

- How our understanding of trauma and its treatment  
has changed over the last two decades
- Multiple trauma and attachment theory

### Different approaches to treatment

- EMDR
- Somatic Trauma Therapy
- Multi-modal treatment
- Why some people do *not* develop PTSD

**For further information, visit  
[www.heitzler.fsnet.co.uk](http://www.heitzler.fsnet.co.uk)  
or phone 01865 725 205.**

P.T.O. for biography and qualifications ...

## Morit Heitzler

Morit is an experienced  
Integrative Body  
Psychotherapist (UKCP reg.),  
trainer and supervisor.

She has a private practice in  
Oxford as well as leading  
groups and teaching on  
various training courses in  
the UK and in Israel.



Her background includes years of living in South-East Asia  
where she trained and worked as a practitioner in a wide  
variety of complementary therapies. She then studied and  
gained her diploma at the Chiron Centre for Body  
Psychotherapy, London and later an MSc degree in  
Integrative Psychotherapy at Metanoia Institute.

Since then she has completed further trainings in Somatic  
Trauma Therapy, Supervision and Bert Hellinger's systemic  
approach to family constellations.

Morit is a team member at the Trauma Service at the  
Maudsley Hospital, London, where she practices Somatic  
Trauma Therapy. She is interested in transgenerational  
trauma and works extensively with PTSD.

You can contact her on: 07779 593 546.

**Coming up ...**

# LIFE CHANGES & TRANSITIONS

**Experiential  
weekend workshops**

Dates: Sat/Sun 25/26 March or 29/30 April 2006  
Fee: £95 (concessions possible) Venue: Oxford

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